

Church Walk C.E. Primary School P.E. Scheme of Work overview 2021

	Gymnastics	Dance	Games	Athletics	OAA	Swimming
Reception	Fun Gym Shapes Move and Hold	On Parade Toys	Fundamentals unit 1 Fundamentals unit 2 Parachute games			
Year 1 and 2 cycle a	Jumping Jacks Rock and Roll	Fireworks (Twinkl unit) weather	Fundamentals unit 1 Fundamentals Unit 2	Sports Day activities – throwing, catching, jumping		Year 2 spring term 2 nd half – beginners level
Year 3 and 4 cycle a	Patterns and Pathways Hand Apparatus Circuit training	Solar system Machines	Tag Rugby Ball handling skills Striking and fielding Cricket	Challenges	Residential to Coniston Water Park Windermere Outdoor Adventure Centre orienteering	Spring term - improvers level
Year 5 and 6 cycle a	Pair Composition Press and Go Circuit training - fitness	Dance – Why Bully Me Dance styles	Invasion games Tag Rugby Football Netball Cricket	Heptathlon	Residential to Coniston Water Park Windermere Outdoor Adventure Centre	Spring term – advanced level
Reception	Fundamentals Unit 1 Fun Gym shapes	Dance - Water Eggs	Parachute games Throwing and catching			
Year 1 and 2 cycle b	Points of Contact Ball, Tall and Wall	Great Fire of London Magical friendships Ceilidh dances	Fundamentals unit 1 Fundamentals unit 2			Year 2 spring term 2 nd half – beginners level

Year 3 and 4 cycle b	Principles of Balance and Rotation	Cold Places Greek Zorba dance Rugby Haka	Invasion games – link to hockey Ball on the ground unit Net games unit	Pentathlon	Residential to Coniston Water Park Windermere Outdoor adventure Centre	Spring term - improvers level
Year 5 and 6 cycle b	Body Symmetry Group Work	Dance – on the Beach	Football Invasion games Striking and fielding Cricket	Decathlon	Orienteering Residential to Coniston Water Park Windermere Outdoor Adventure Centre	Spring term – advanced level